



My Weekly

AGENDA



Monday

Tuesday

Wednesday

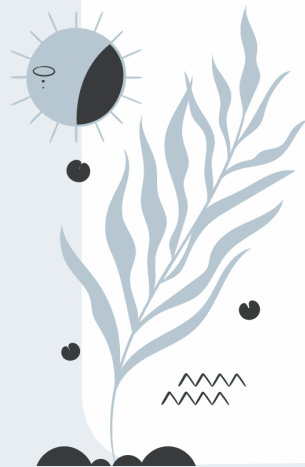
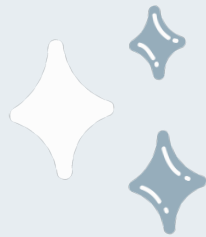
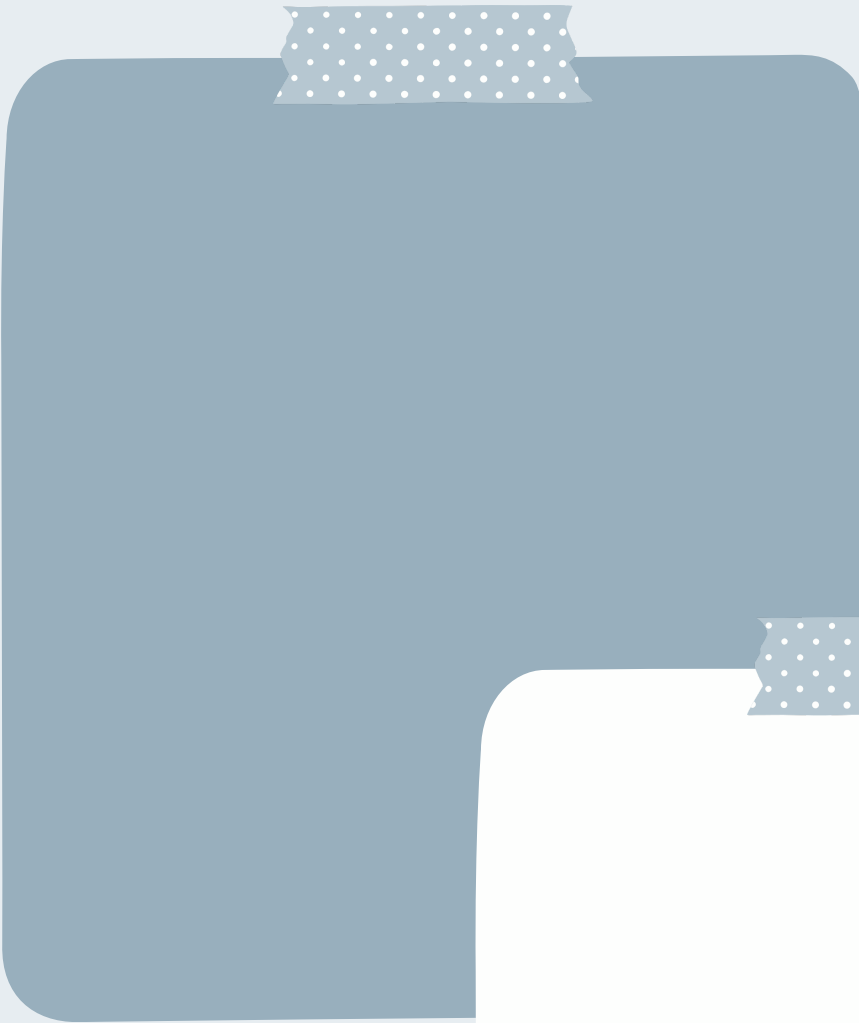
Thursday

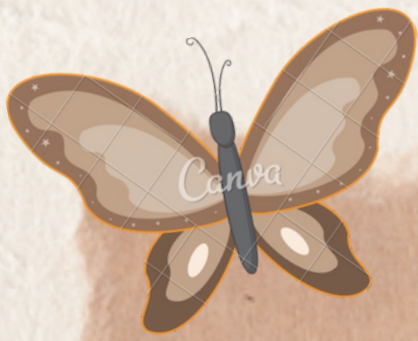
Friday

Saturday



NOTES





Notes

A series of horizontal dashed lines for writing notes, spanning the width of the page.



Notes



WEEKLY PLANNER

MON

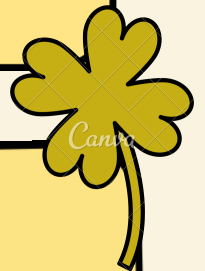
TUE

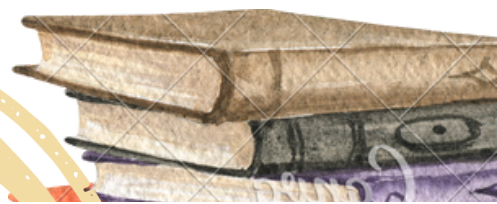
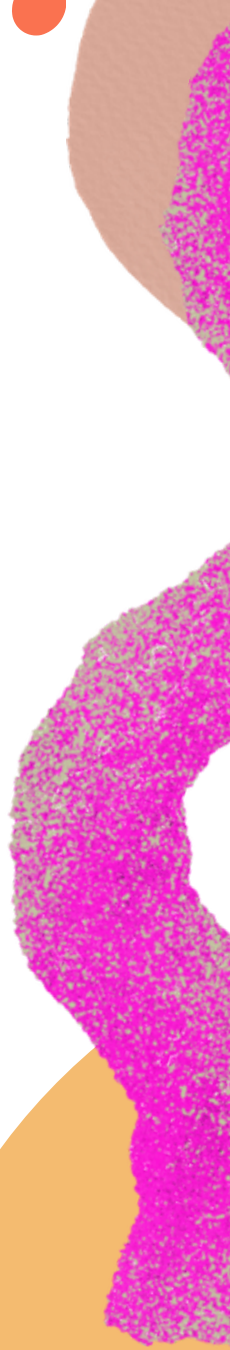
WED

THU

FRI

SAT







DAILY PLANNER

DATE: / /

MOST IMPORTANT TASK

✓ TODAY'S TASKS

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

APPOINTMENTS

WATER INTAKE



MOOD TRACKER



MEALS & SNACKS

BREAK FAST	
LUNCH	
DINNER	
SNACK	

REMINDERS & NOTES
